

Further resources related to the Leadership Insights session

The following are 4 useful resources. The TED talk is a useful reminder of some of the key points. The book provides more details and pointers that may be of interest.

Model of the Brain – Angela Mitchell

<https://youtu.be/lf6P-oU6MBc>

Video: TED Talk - Your personality and your brain – Scott Schwefel (overview of Insights)

From 6:28 onwards he gets into the colours in more detail

https://www.youtube.com/watch?v=8pq_tCgDkT4

30 min introduction to Insights

https://360.articulate.com/review/content/1a88609b-5785-4cfe-a076-9d42d74c91d4/review?forcedownload=true&_id=c9f7a187c36b40aea227708b482acae4

Book: Surrounded by Idiots by Thomas Erikson (Book)

[Link here](#)